

Washing & Maintenance Tips for Mach 4, Mach 5, Mach 5.7 and Mach 429

Cleaning and Washing : If the bike gets past the point of basic wipe down or it is a really muddy day, then a true washing is acceptable. The preferred method is a warm bucket of water sponges and Palmolive and a light hose rinse (**NO POWER WASHER!**). Towel dry and use compressed air to get the water out of the tight spots. Lube chain and derailleurs after washing. Avoid pressurized water on bearing seals.

Maintenance: Replace cables and housing and lube with Slick Honey any time shifting becomes less than perfect. Check brake pads regularly for wear. Replace as needed. For disc brakes, check lever for spongy feel and bleed brakes if needed. Make sure brakes are not dragging and adjust as required. Check bar, stem, seat post head and rear derailleur mounting bolts and grease bolts regularly. Lube compression sleeve in headset to avoid creaking. Apply grease to shock mounts to avoid squeaks



Install long shock bolt using anti-seize and torque to (10lb. ft, 120lb. in, 13Nm.)

Install short shock bolt. Use blue loctite on the M5 bolt. Torque M5 bolt to (5lb.ft, 60lb.in, 7Nm.)



Install rocker bolts using grease or anti-seize. Torque to (10 lb.ft, 120 lb.in, 13 Nm.)



Use anti-seize and torque link pins to (27lb ft, 35 Nm.)